

Pre-primary/Preprimêr: Week 5 & 6

5-6 years/5-6 jaar

English / Afrikaans

Draw a picture of your body
Teken n prent van jou liggaam

My Body / My Liggaam



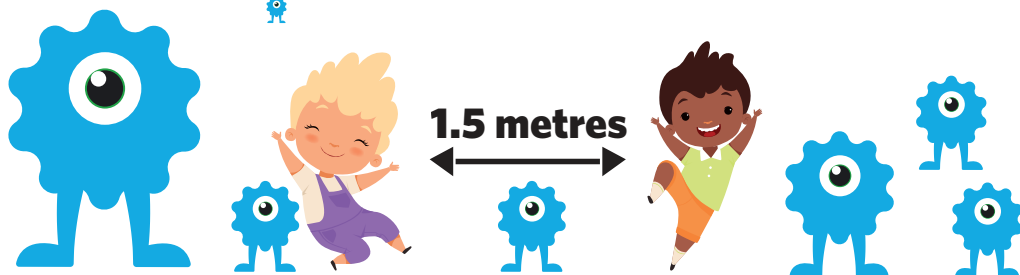
Ministry of Education,
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NAMIBIAN
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unicef 
for every child





These numbers indicate which day you can complete each worksheet! But if you want to, you can work ahead and do the rest as well.

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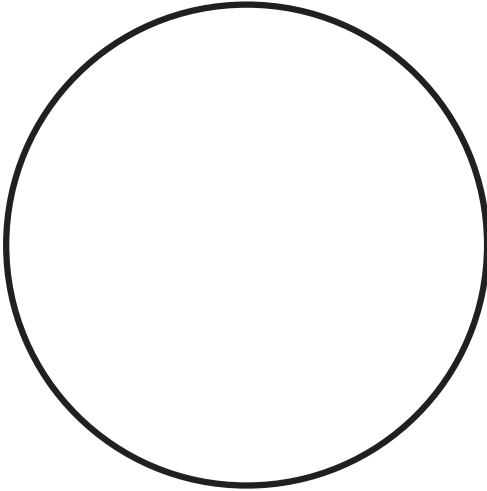
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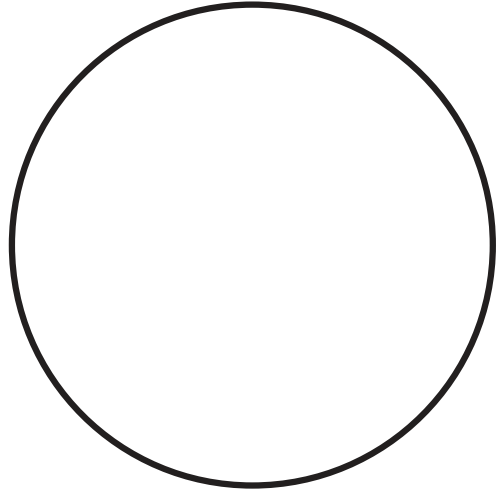


My Body / My Liggaam

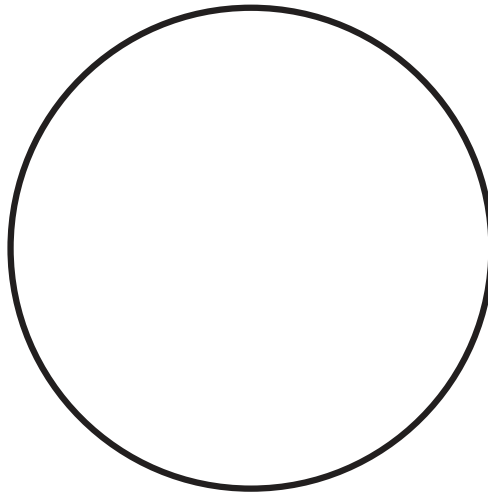
Draw 3 faces with different emotions (happy, angry, surprised)./
Teken 3 gesigte met verskillende emosies. (hartseer, kwaad, verras).



happy / gelukkig



angry / kwaad



surprised / verras



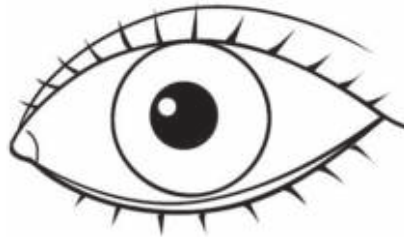
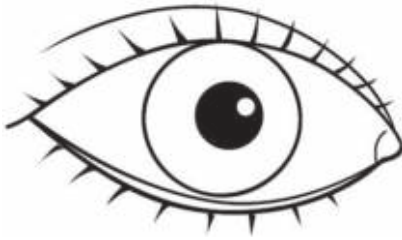
Place your left foot on this page and trace around it with a crayon./
Plaas jou linker voet op die bladsy en trek rondom dit met 'n kruit.

Week 5

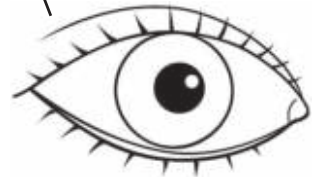
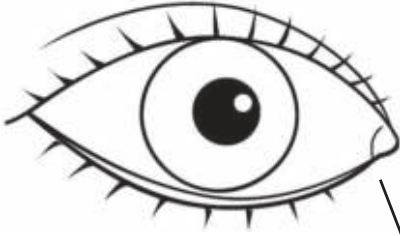
Preprimary



Colour the body parts with real life colours and talk about their functions with your teacher or parent./
Kleur die liggaamsdele in met die regte kleure en praat oor hul funksies met jou onderwyser of ouer.



Match the body parts with a line. / Verbind die liggaamsdele met 'n lyn.



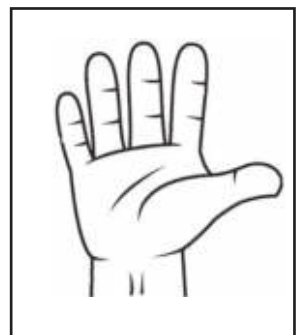
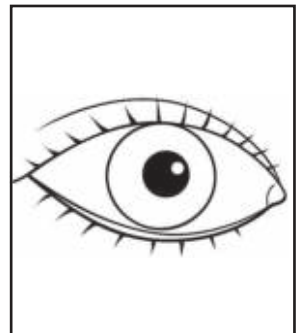
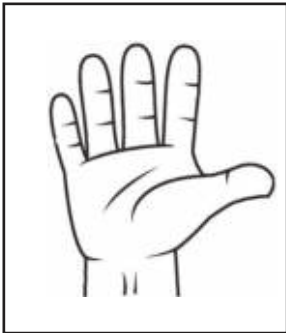
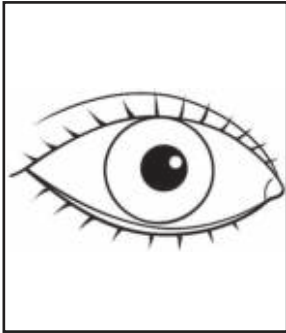
Week 5

Preprimary



Cut out the cards and match them together./ Knip uit die kaarte en pas hulle saam.

Play a matching game using picture cards with body parts./
Speel die ooreenstemmende speletjie deur gebruik te maak van liggaamsdeel-kaarte.



Week 5

Preprimary

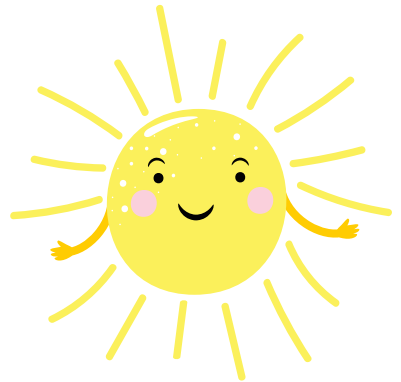
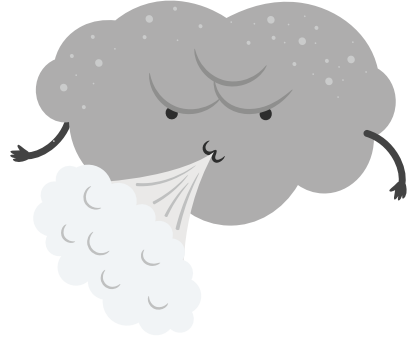




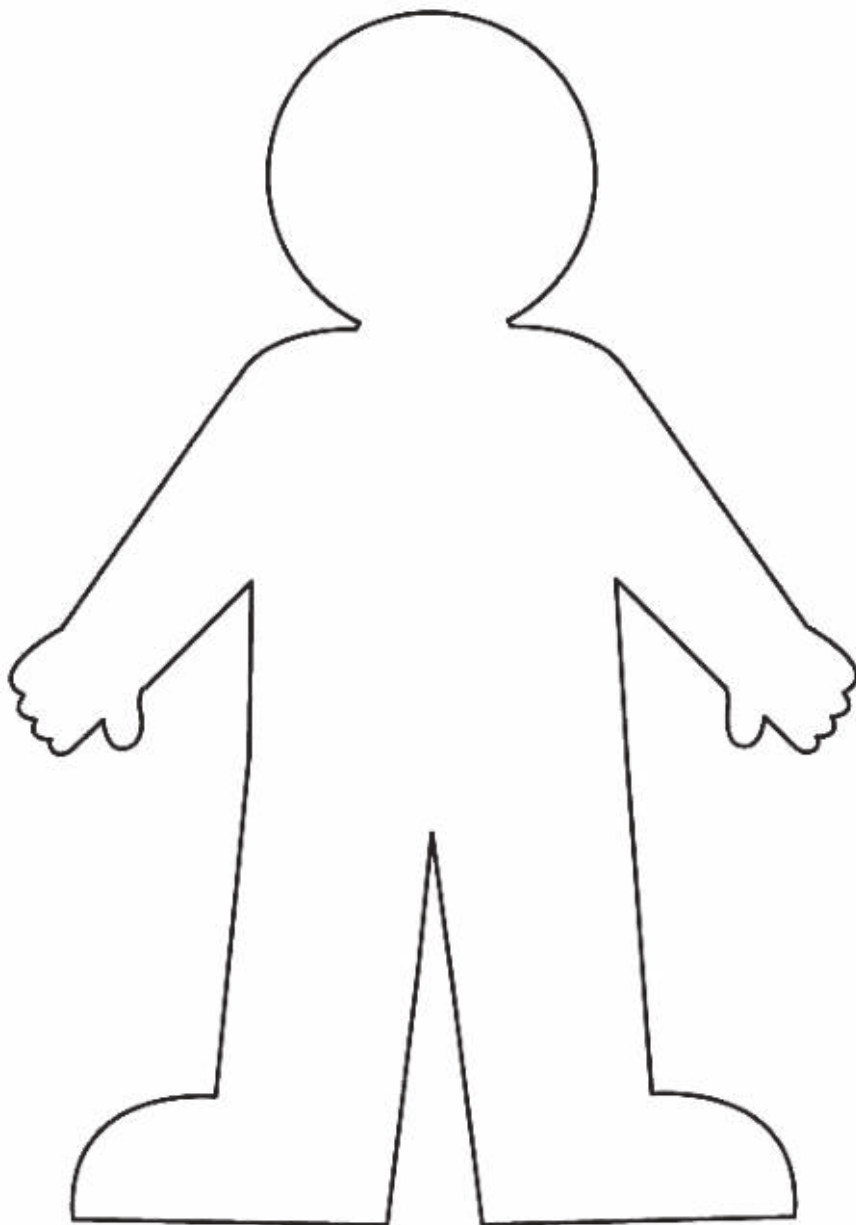
Cut out the hygiene daily routines and put them in the correct sequence. / Knip uit die daaglikse higiëne routines en plak hulle in die regte volgorde.



Match the clothes with the correct weather (use lines).
 / Pas die klerre met die regte weer (gebruik lyne).



Finger painting: Paint the body./ Vingerverf: Verf op die prent.



Week 5

Preprimary

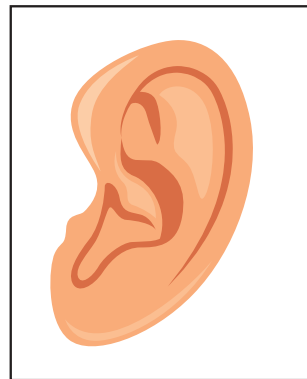
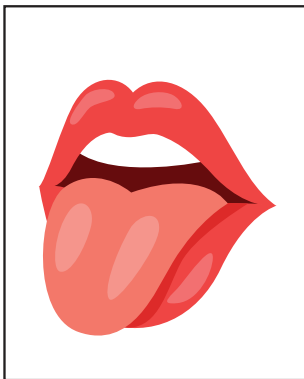
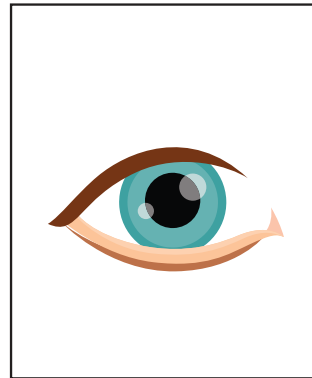
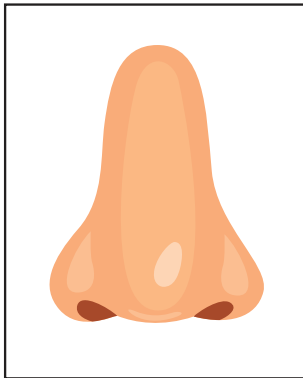
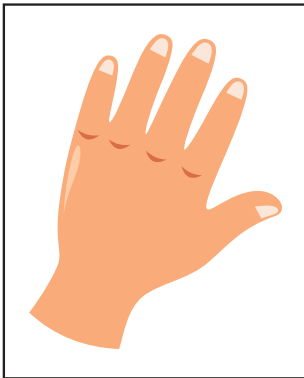


Play the picture card game.

1. Cut out the pictures.
2. Turn the cards over.
3. Pick up one card.
4. Tell your parents or teacher the function of the body part.

Speel die kaart speletjie

1. Knip uit die prente.
2. Plaas dit onderstebo.
3. Kies een kaart.
4. Vertel vir jou onderwyser of ouers wat die funksie van die liggaamsdeel is.

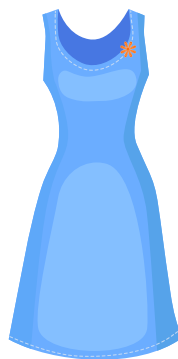
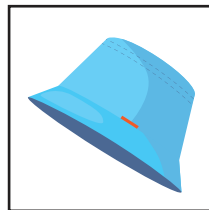




Count the parts of the body and write the correct number./
Tel die liggaamsdele en skryf dan die regte nommer neer.



Draw a circle around all red items and a square around all blue items./
Omkring alle items wat rooi is met 'n sirkel en teken 'n vierkant rondom
al die blou items.



Week 5

Preprimary



Cut the pictures out and arrange them from biggest to smallest. /
Knip uit die prente en rangskik dit van groot na klein.





Place your right hand and right foot on this page and trace around them with red crayon (one at a time)./
Plaas jou regter hand en voet op die bladsy en trek rondom dit met 'n rooi kruit.

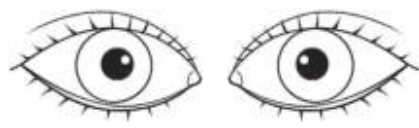


Match the number to the correct set./
Pas die nommer met die regte stel.

Week 6

Preprimary

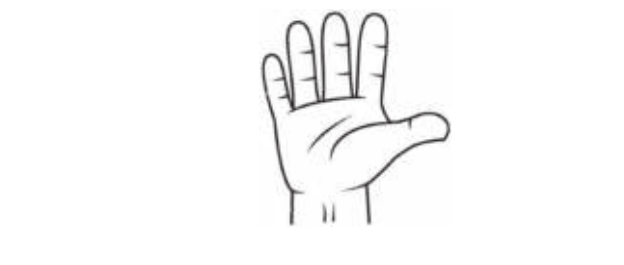
1



2



2



1

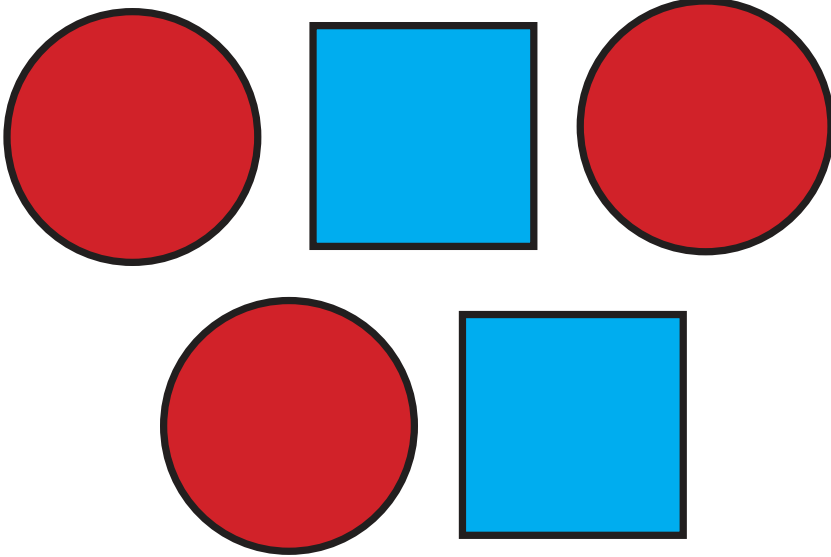


2



Patterns/Patrone

Repeat the same pattern (circle, square, circle, circle, square.) /
Herhaal die selfde patroon (sirkel, vierkant, sirkel, sirkel, vierkant.)



Use newspapers to cut out a shape of a small person and another shape of a big person. Paste them under the correct heading./
Gebruik die koerant om die vorm van 'n klein persoon uit te knip en dan 'n ander vorm van 'n groter persoon. Plak dit onder die regte opskrif hieronder.

small/klein

big/groot

Week 6

Preprimary



Cut out parts of a face and paste them correctly together on the next page. / Knip uit die dele van die gesig en plak dit reg saam op die volgende bladsy.



Paste the different parts of the face on the previous page in the face below./ Plak die verskillende dele van die gesig op die vorige bladsy in die gesig hieronder:



Week 6

Preprimary



Circle all the pictures which are complete. Draw the body parts that are missing. / Omkring al die prente wat volledig is. Teken die liggaamsdele wat vermis is.



Week 6

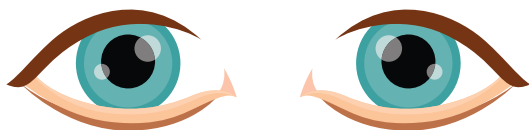
Preprimary



Trace numerical symbol 2./
Trek die nommer 2 op die stippellyne.



Count the objects and write the correct number. /
Tel die voorwerpe en skryf die regte nommer.











Draw two circles on left column and two squares on the right column.
/ Teken twee sirkels aan die linker kant en twee vierkante op die regter kant.

left/links

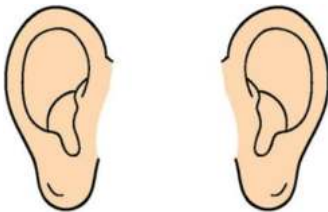
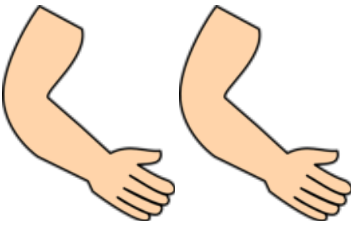
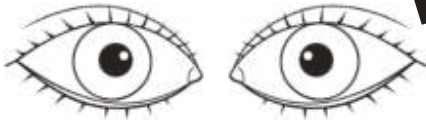
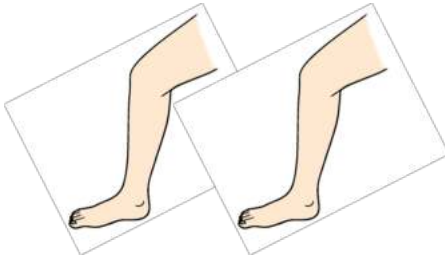
right/regs

Week 6

Preprimary



Match words to the body parts/
Pas die woorde by die liggaamsdele



eyes/oë

ears/ore

arms/arms

legs/bene

feet/voete



Week 6

Preprimary

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- Step 3: Choose your language
- Step 4: Choose the week you want to learn out of
- Step 5: Choose lessons from what lessons there are
- Step 6: Download booklet if you do not have it
- Step 7: Watch and follow the teacher as she explains what to do in the book
- Step 8: Follow us on Facebook (Zoshy & Active Kids) to never miss a video
- Step 9: Subscribe to our Zoshy Telegram channel if you want to receive daily updates



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PRINT

1 Turn the booklet to landscape.

2 Take a ruler & tear the booklet at the top long fold.

3 Fold the booklet in half.

4 The learning journey can start.

STEPS
HOW TO TEAR & USE
THE BOOKLET



DEAR SCHOOL REPRESENTATIVE



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