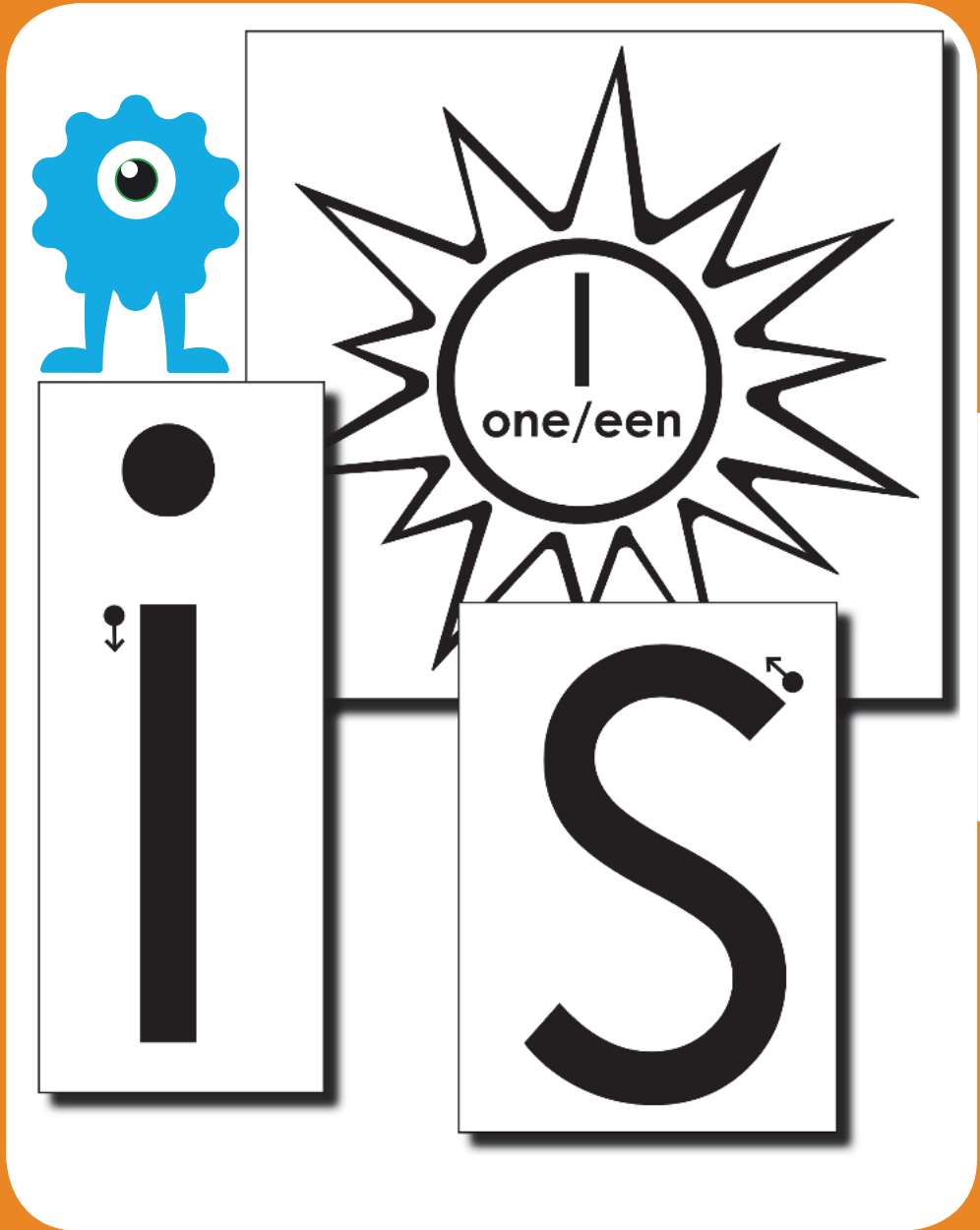


Grade 1 / Graad 1: Week 1 & 2



English / Afrikaans

My Family / My Familie



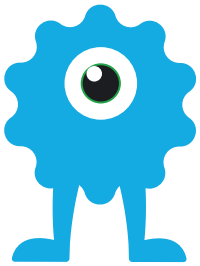
Ministry of Education,
Arts and Culture



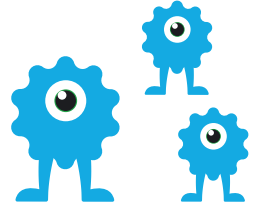
NAMIBIAN
COMMUNITY TRUST

unicef 
for every child





1.5 metres



1

2

3

4

5

These numbers indicate which day you can complete each worksheet! But if you want to, you can work ahead and do the rest as well.

This publication is a collaboration between the Ministry of Education, Arts and Culture and Namibia Media Holdings. This publication is sponsored by the Ministry.

Copyright © Ministry of Education, Arts and Culture. All parts of this publication cannot be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise without prior permission of the Ministry of Education, Arts and Culture or the Publisher.

Production by: Namibia Media Holdings

Printing: Newsprint Namibia



The Ministry of Education, Arts and Culture
www.moe.gov.na



My family/ My familie

Read these words everyday/
Lees hierdie woorde elke dag:

father / pappa
sister / suster
boy / seun
baby / baba

mother / mamma
brother / broer
girl / meisie



father / pappa



mother /
mamma



boy / seun



girl / meisie



baby / baba



brother /
broer



sister /
suster

Number 1 / Nommer 1

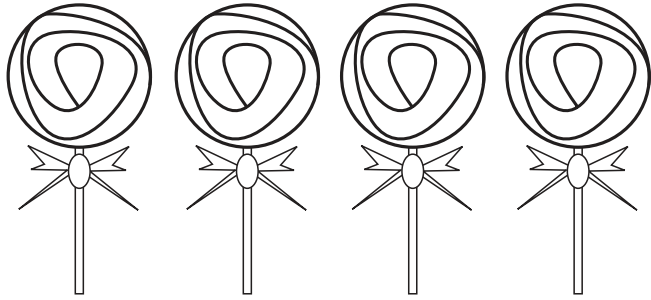
Trace the words/Skryf die word:

one een
 one een
 one een

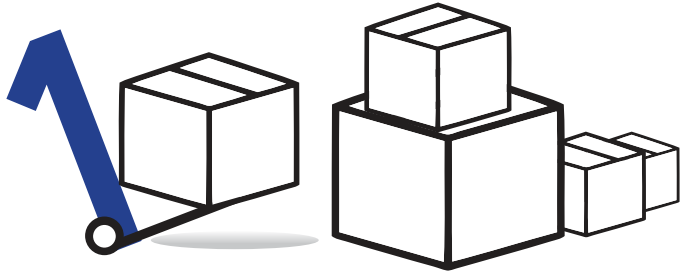


one/een

Colour in
 one of the
 lollipops/
 Kleur een
 van die
 stokkielekkers
 in:



Colour in one
 of the blocks/
 Kleur een van
 die blokkies in:



Cross out all the number 1's/ Maak 'n kruisie op al die nommer 1's:

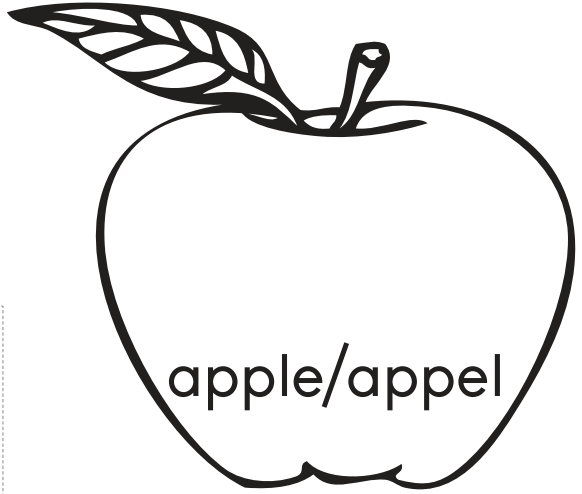
1	5	4	3	2
2	4	2	5	1
1	2	3	1	4

The 'a' sound / Die 'a' klank

Colour in/ Kleur in



Colour in/ Kleur in



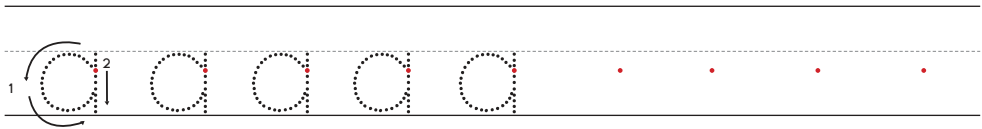
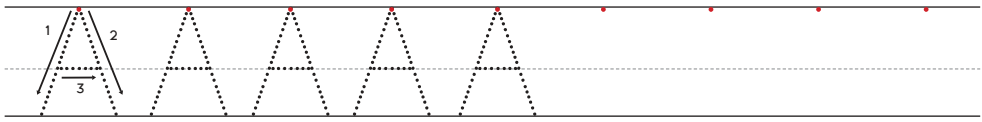
Circle the small letter 'a' / Omkring die klein 'a'

b	A	a	i	A	a	C	q
H	a	E	A	K	a	Z	A
v	x	f	a	k	l	w	r

Week 1

Trace/ Teken op stippellyn

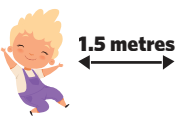
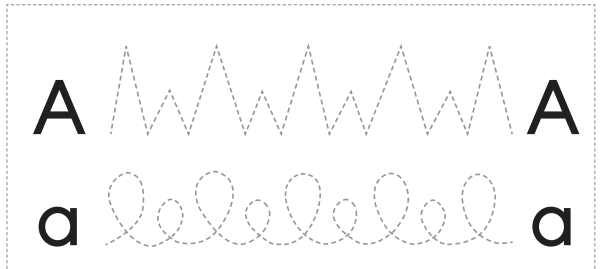
Write/ Skryf



Grade 1

Trace/ Teken op stippellyn

A - B - C -
 - D - E - F -
 - G - H - I -



Superstar sight words/ 'Superstar' sig-woorde

Read it/ Lees dit:

the/die
to/vir
and/en

Trace the words/ Skryf die word:

the die
to vir
and en

Week 1

Colour the words in the following colours: / Kleur die woorde in met die volgende kleure:

red/ rooi



to/vir

blue/blou



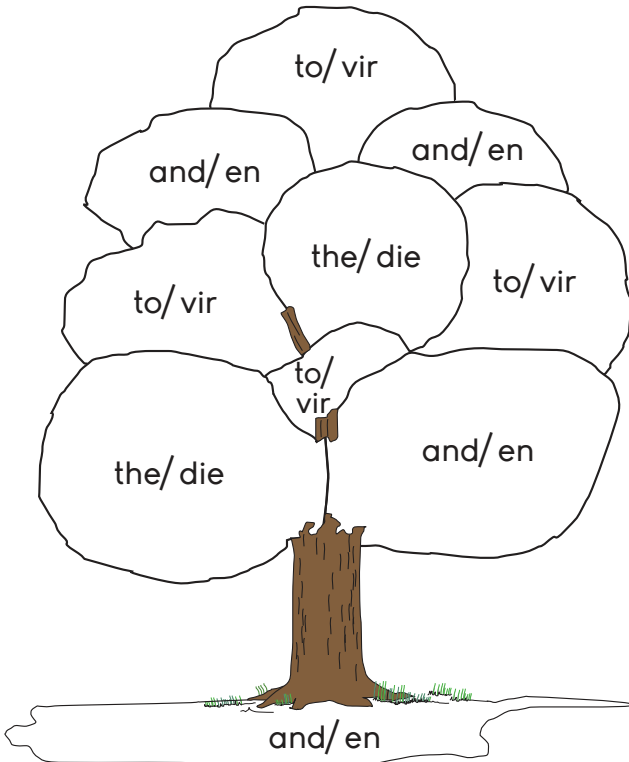
the/die

green/groen



and/en

Grade 1



Unscramble the letters

nda _____

ot _____

eht _____

Days of the week/ Dae van die week

Write the days in order/ Skryf die dae in die regte volgorde:

1. Sunday/ Sondag

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

Monday/ Maandag
 Thursday/ Donderdag
 Wednesday/ Woensdag
 Saturday/ Saterdag
 Tuesday/ Dinsdag
 Friday/ Vrydag

Family members (Pronouns)/ Familielede (Voornaamwoorde)



I - ek



you - jy



he - hy



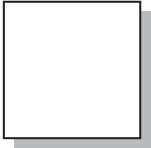
she - sy



Write the number / Skryf die syfer



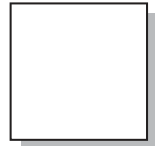
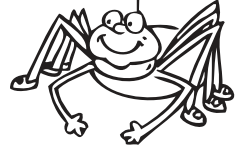
Count / Tel



How many?
Hoeveel?



How many?
Hoeveel?

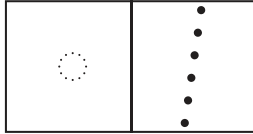
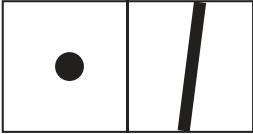


How many?
Hoeveel?

Week 1

Grade 1

Complete / Voltooi



0 2 3 4 5 6 7 8 9 10





What happens first?
Wat gebeur eerste?

1

2

3

blue
blou

red
rooi

green
groen



Colour in each shape in the colour shown by the pencil. / Kleur elke vorm in dieselfde kleur as wat die potlood wys.



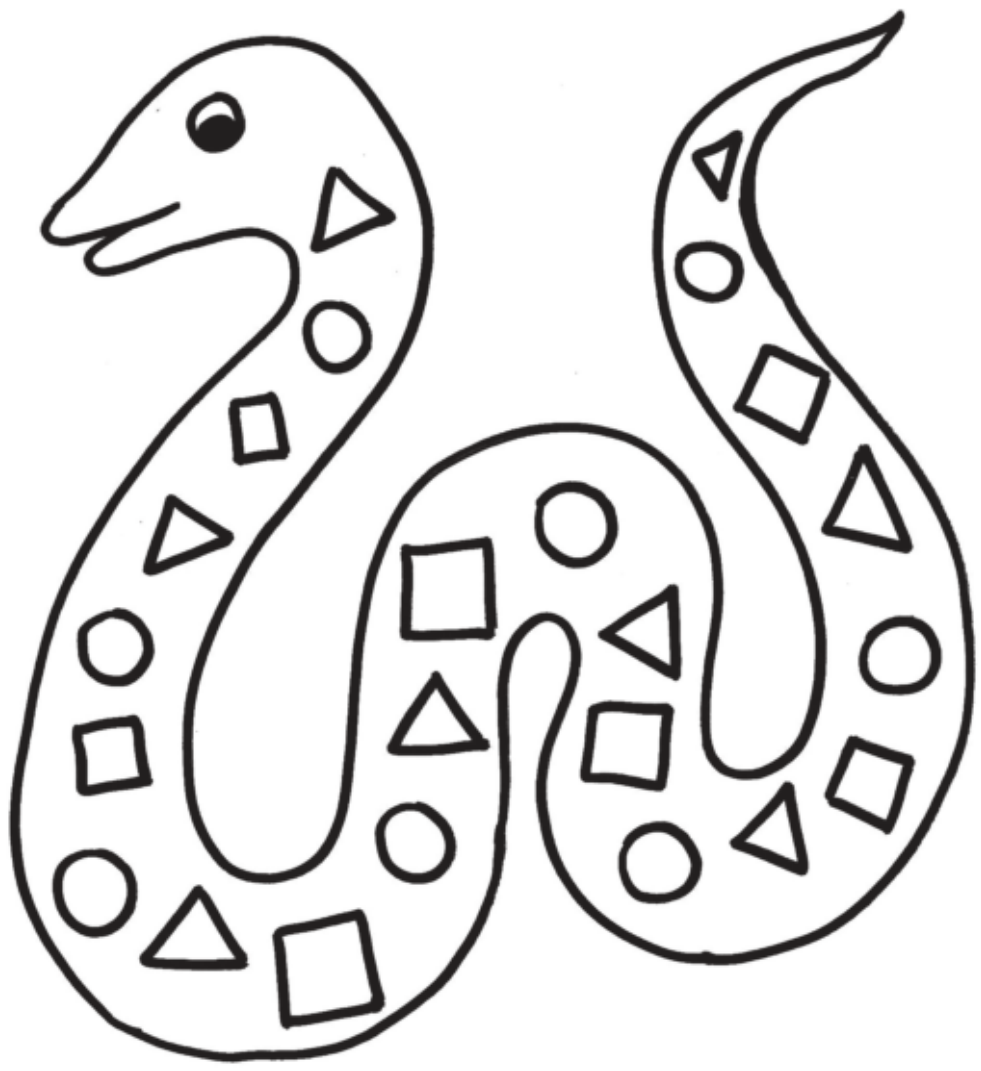
green/groen



red/rooi



yellow/geel



Week 1

Grade 1



1.5 metres



Personal Pronouns/ Persoonlike voornaamwoorde

Look at each picture and choose the pronoun, then colour in the correct circle. / Kyk na elke prent en kies die regte voornaamwoord. Kleur dan die regte sirkel in.



I - ek

you - jy



it - dit

she - sy



he - hy

it - dit



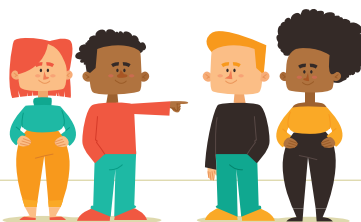
we - ons

I - ek



we - ons

it - dit



we - ons

them - hulle

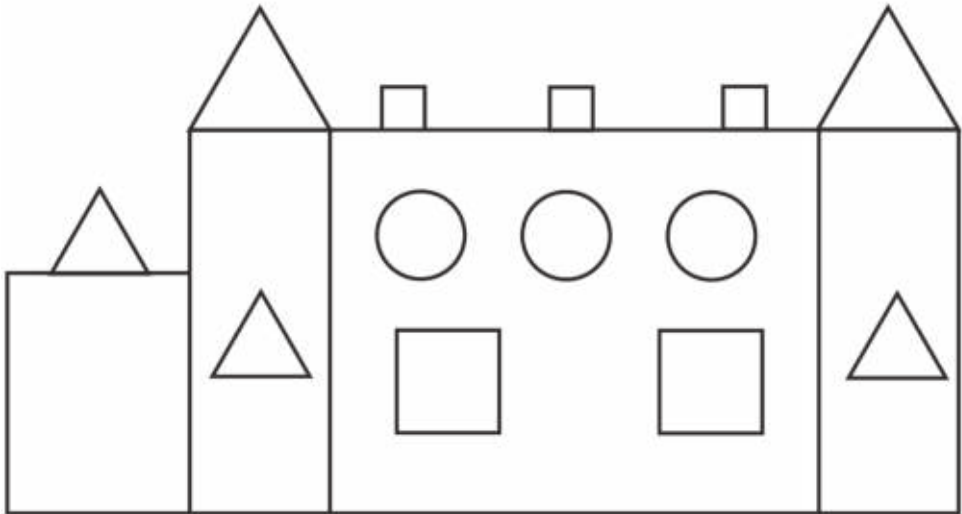


FINISH THE PICTURE

- Draw the sun above the castle.
- Draw a door between the square windows.

VOLTOOI DIE PRENT

- Teken die son bokant die kasteel.
- Teken 'n deur tussen die twee vierkante.



How many circles?
Hoeveel sirkels?

How many squares?
Hoeveel vierkante?

How many rectangles?
Hoeveel reghoeke?

How many triangles?
Hoeveel driehoeke?

Essau and Jacob

Colour in the picture/Kleur die prent in.



Pronouns/Voornaamwoorde

1. Trace each word/ Teken elke word op die stippellyn
2. Sound it out/ Spel dit uit
3. Draw a line from the word to its matching image/
Teken 'n lyn van die woord tot die prent wat by dit pas.

it/ dit

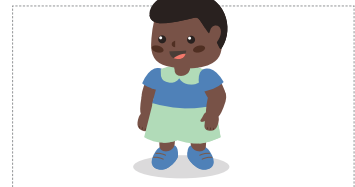
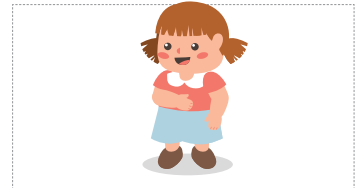
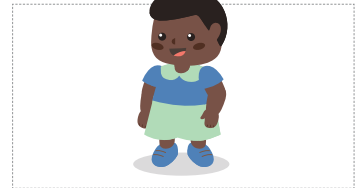
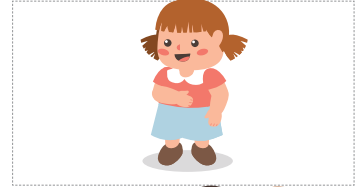
she/ sy

he/ hy

they/ hulle

he/ hy

she/ sy



Week 1

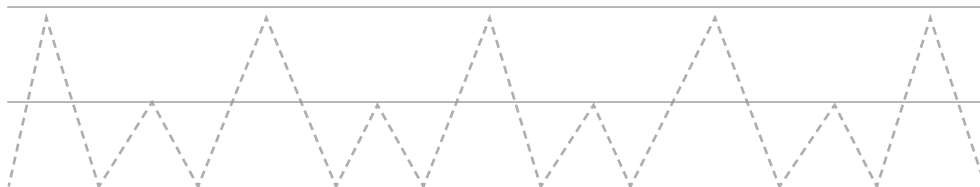
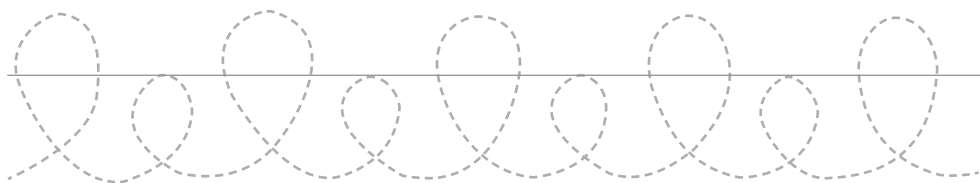
Grade 1



1.5 metres



Trace over the broken lines. /
Trek oor die stippelyne.



My progress

Weak	Fair	Good	Very good	Excellent
------	------	------	-----------	-----------



My Family/My familie

Revise the words from last week:/
Hersien die woorde van verlede week:

father / pappa

brother / broer

sister / suster

baby / baba

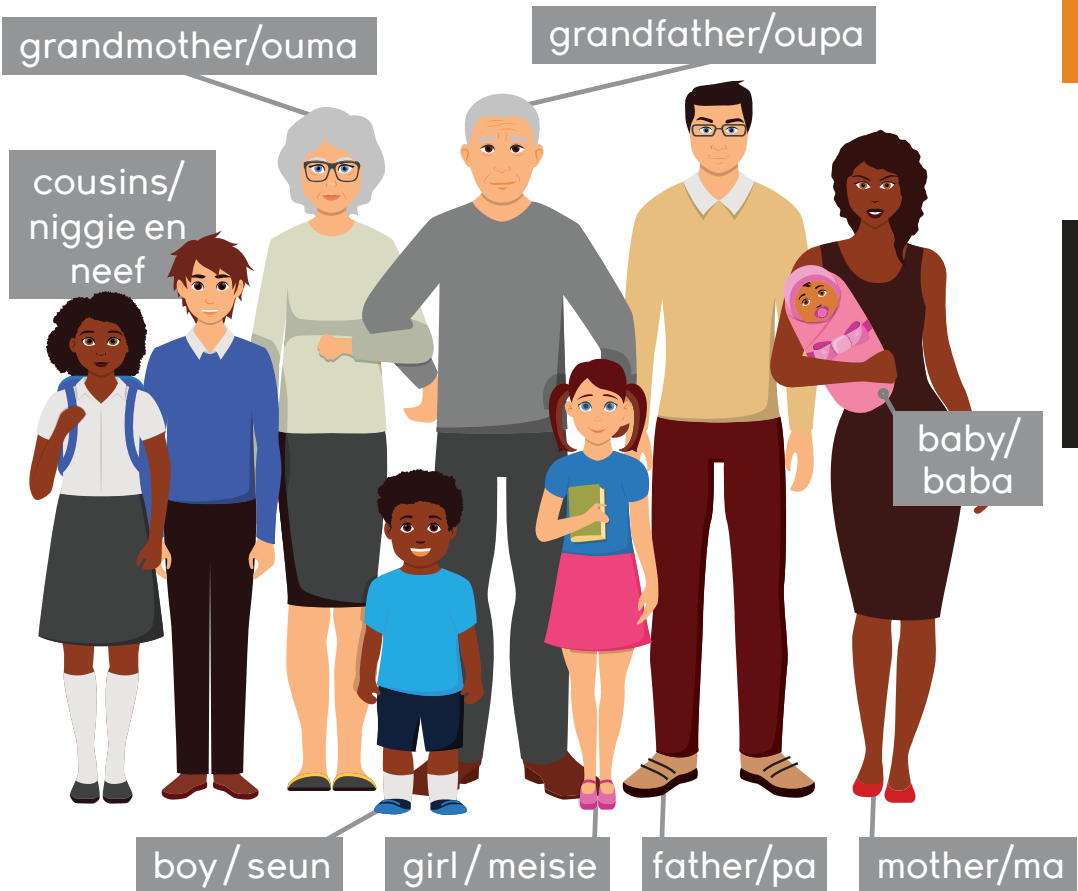
boy / seun

girl / meisie

Read these words everyday/ Lees hierdie woorde elke dag.

Week 2

Grade 1



Sightwords/Sigwoorde

Read it! / lees dit!

Trace the words! / Teken dit!

one/ een

one

een

two/ twee

two

twee

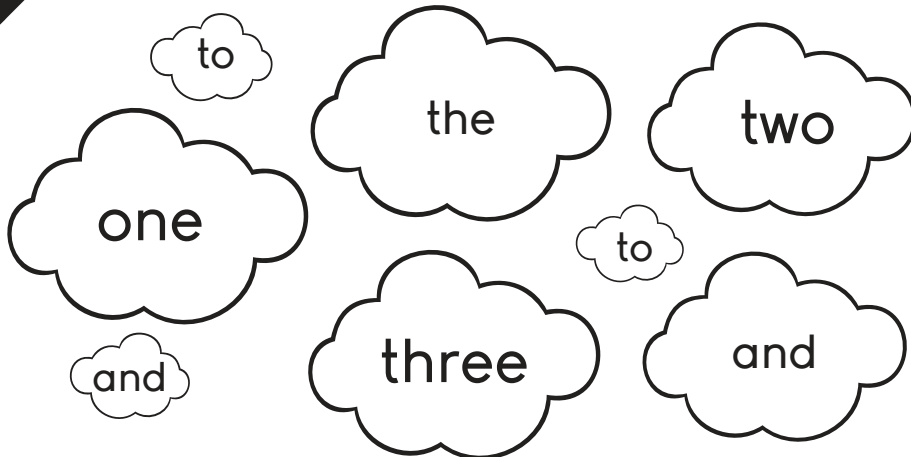
three/ drie

three

drie



Find and colour: one, two, three



Match the correct number with the number name:
/ Pas die nommer by die regte nommer naam:

2 △ △

3 □ □ □

1 ○

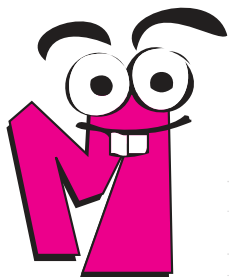
three/ drie

one/ een

two/ twee



Days of the week/Dae van die week



Trace the words. / Teken die
woorde op die stippellyn.

Monday Maandag

Tuesday Dinsdag



Week 2



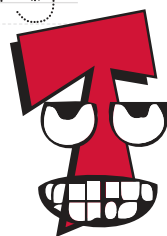
Wednesday

Woensdag

Thursday Donderdag



Friday Vrydag



Saturday Saterdag

Sunday Sondag



Grade 1



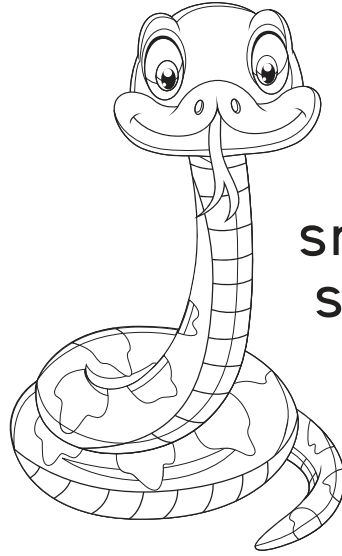
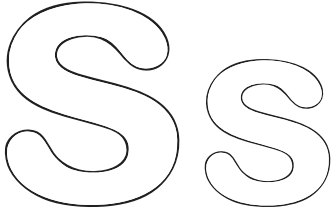
1.5 metres



The 's' sound / Die 's' klank

Colour in/ Kleur in

Colour in/ Kleur in



snake/
slang

Circle the small letter 's'/
Omkring die klein 's'

Week 2

S	e	s	Z	s	z	C	G
Z	S	E	z	K	S	Z	c
e	S	F	s	C	l	s	r

Grade 1

Trace/ Teken op stippellyn

Write/ Skryf

Tracing practice for uppercase 'S' and lowercase 's' on a three-line grid. The first row shows five dotted uppercase 'S' letters with a red dot and arrow indicating the starting point and direction of the stroke. The second row shows five dotted lowercase 's' letters with a red dot and arrow indicating the starting point and direction of the stroke. To the right of each row are four red dots on the top line, indicating where to write the letters.

Trace/ Teken op stippellyn

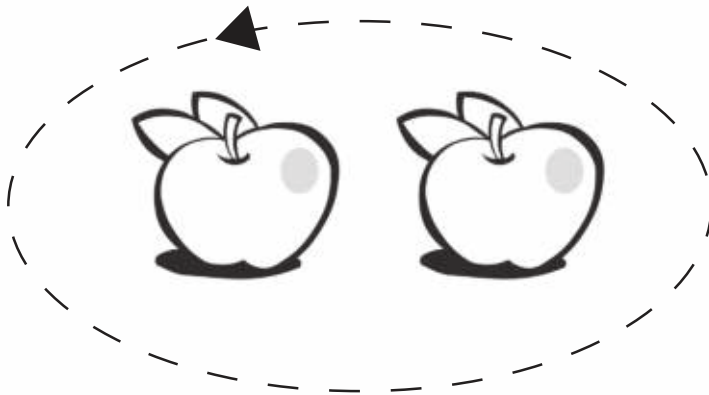
P - Q - R -
 - S - T - U -
 - V - W - W -

Tracing practice for cursive 'S' and 's'. The first row shows a dotted uppercase cursive 'S' followed by a series of four connected arches and another dotted uppercase cursive 'S'. The second row shows a dotted lowercase cursive 's' followed by a series of eight connected loops and another dotted lowercase cursive 's'.

The number '2' / Die nommer '2'

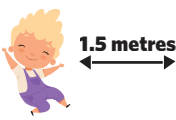
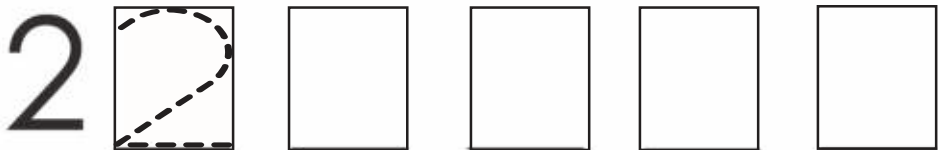


Week 2

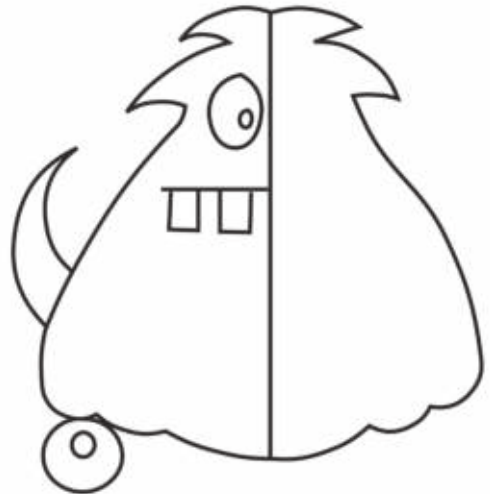
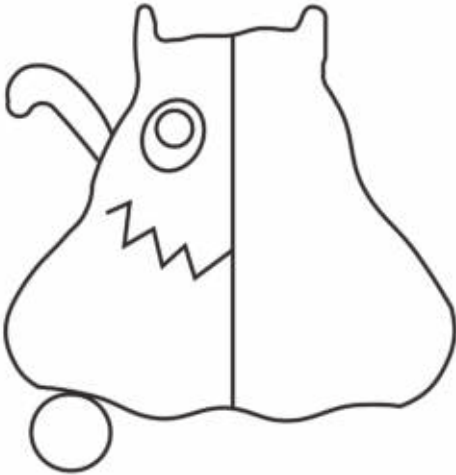
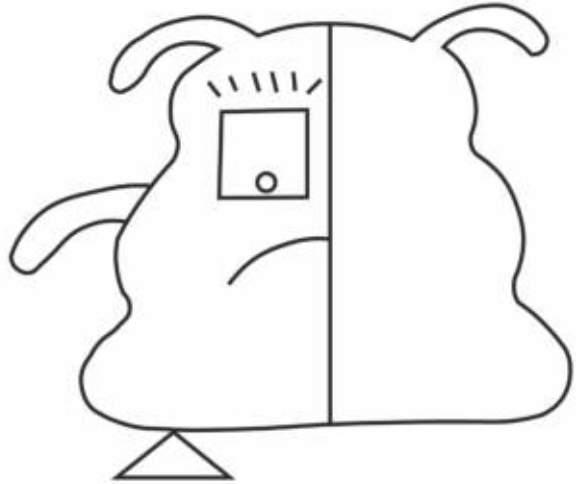


Grade 1

Write the '2' in the blocks / Skryf die '2' in die blokke.



Copy the other half to match
 Teken die ander helfte dat dit dieselfde lyk



Week 2

Grade 1



Complete the word sums: / Voltooi die woordsomme:

1. Mary has 3 bananas and 4 cherries. How many fruits does she have?
/ Maria het 3 piesangs en 4 kersies. Hoeveel vrugte het sy altesaam?

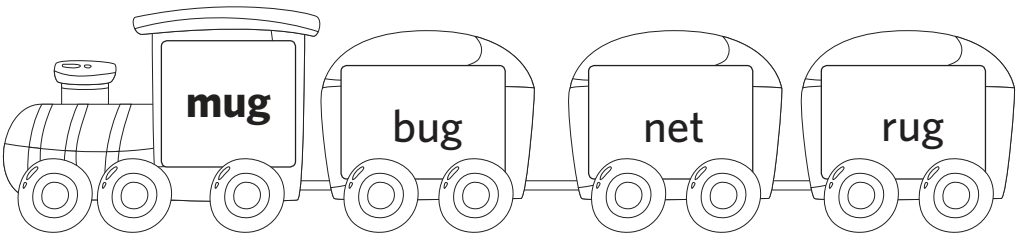
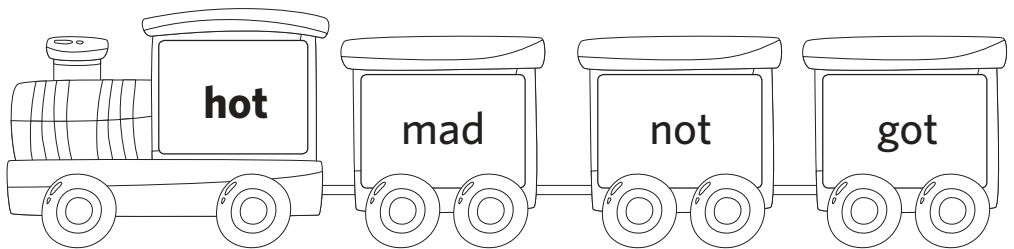
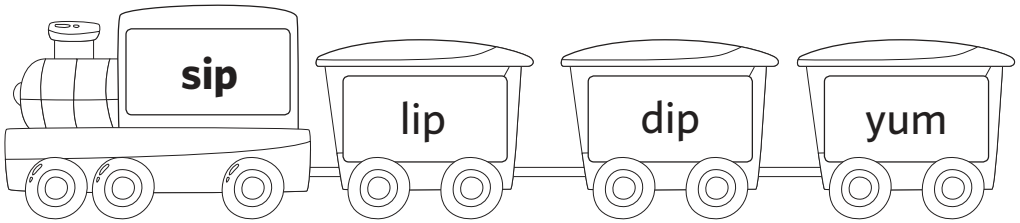
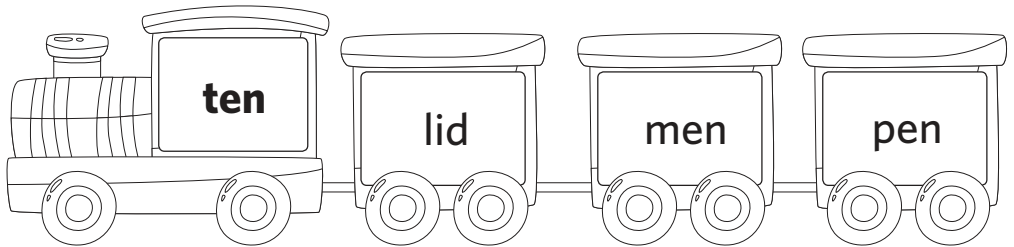
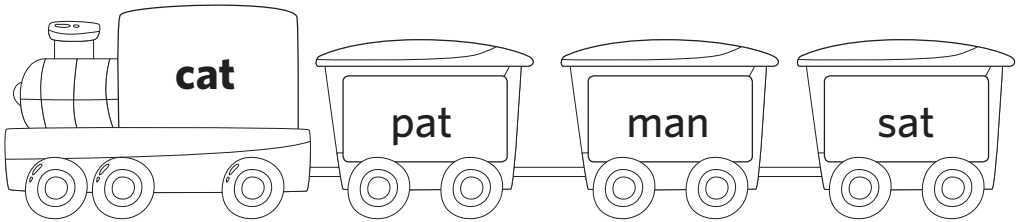
2. There are 4 orange slices. John adds 1 more. How many orange slices are in the plate now? / Daar is 4 lemoen skyfies in 'n bord. Johan sit nog 1 by. Hoeveel lemoen skyfies is daar nou op die bord?

3. Tina has 5 sweets. Rosy has 3 sweets. How many sweets are the altogether? / Tina het 5 lekkers. Rosie het 3 lekkers. Hoeveel lekkers het hulle altesaam?

English Activity

Rhyming words

Colour in the carts that rhymes with the first word.



Week 2

Grade 1



Colour in something that both a boy and a girl can wear with a brown colour. / Kleur iets in wat beide 'n meisie en n seun kan dra met 'n bruin kleur.

Can you see something starting with a 's'? Trace it with a pink colour. / Kan jy iets sien wat met 'n 'r' begin? Kleur dit met 'n pienk kleur in.



Week 2

Grade 1

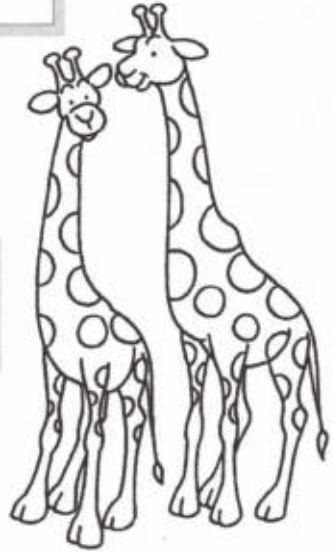
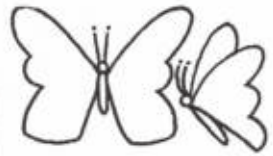


English / Afrikaans

Write the number / Skryf die syfer



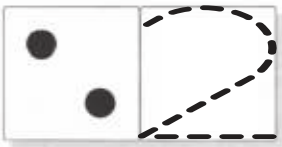
Count / Tel



Week 2

Grade 1

Complete / Voltooi

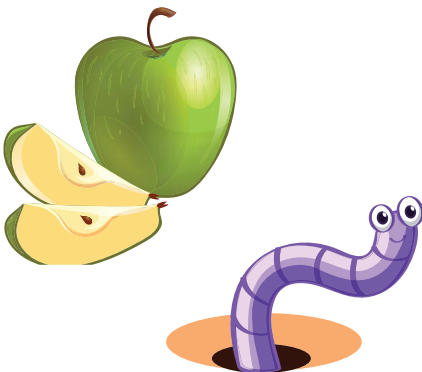
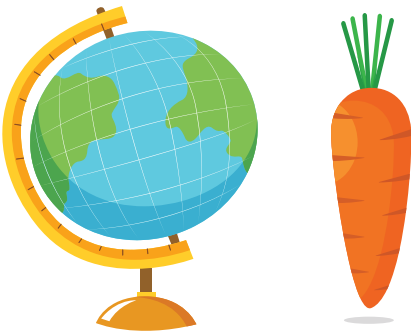


Pronouns / Voornaamwoorde

Look at the picture and circle what is correct./
Kyk na die prent en omkring wat reg is.

	I - ek		
	you - jy	it - dit	she - sy
			
he - hy	it - dit	I - ek	we - ons
			
we - ons	it - dit	them - hulle	we - ons

Circle the heavy objects and cross out the light objects./ Omkring die swaar voorwerpe en maak n kruisie op die ligte voorwerpe.



Odd and even numbers/ Getalle ewe en onewe

Colour the door or window with even numbers/ Kleur die deur of venster in met ewe getalle in:



Colour in the picture. / Kleur die prent in.

Week 2

Grade 1



Success begins with education

Parents will be able to visit the website and watch daily videos or they can subscribe to our Zoshy Telegram channel to receive daily videos. One can also download the PDF version of the book on the website. Also watch our daily show on Active Kids to watch your favourite lessons.



<https://t.me/zoshyonline>



For extra perks!

ONLINE

How does it work?



Easy peasy steps to follow

Register at zoshy

You can save your favourite lessons and find them easier



- Step 1: Find us at www.zoshy.online or scan the QR code
- Step 2: Find your grade and select the year
- Step 3: Choose your language
- Step 4: Choose the week you want to learn out of
- Step 5: Choose lessons from what lessons there are
- Step 6: Download booklet if you do not have it
- Step 7: Watch and follow the teacher as she explains what to do in the book
- Step 8: Follow us on Facebook (Zoshy & Active Kids) to never miss a video
- Step 9: Subscribe to our Zoshy Telegram channel if you want to receive daily updates



www.zoshy.online

In collaboration with the Ministry of Education, Arts and Culture

PRINT

- 1** Turn the booklet to landscape.
- 2** Take a ruler & tear the booklet at the top long fold.
- 3** Fold the booklet in half.
- 4** The learning journey can start.



STEPS
HOW TO TEAR & USE
THE BOOKLET



DEAR SCHOOL REPRESENTATIVE



LANGUAGE INFORMATION SHEET



Namibia Media Holdings is committed to translate and distribute all Educational booklets for Pre-primary to Grade 3 in various languages. These languages will be printed and distributed in the coming weeks. To assist us, please complete the form below with information regarding your school, region, circuit, languages taught in each grade as well as the number of children per language. This will assist us in accurately distributing all languages across the country.

School: _____
School contact number: _____
School address: _____
Region: _____
Circuit: _____



Language	Amount of children per Grade for each language / Requested copies			
	Pre-primary	Grade 1	Grade 2	Grade 3
English				
Afrikaans				
German				
Khoekhoegawab				
Otjiherero				
Oshikwanyama				
Oshindonga				
Rukwangali				
Silozi				
Thimbukushu				
Other:				

Circuit officer, please provide your contact details below:

Name: _____
Contact number: _____
Address: _____



Signature.....